

Ingredients

- 1 pkt Maggi Air Fryer Herbed French Style Roast Seasoned Coating
- 500 g Lamb leg steak
- 2 g Cooking oil spray
- 12 Small wooden skewers

Instruction

- 1. Preheat air fryer to 200°C for 5 minutes
- 2. In a medium bowl, combine olive oil lamb and Maggi Herbed French Style Roast Seasoned Coating then set aside for 10 minutes to marinade
- 3. Thread 3-4 lamb pieces evenly onto skewers.
- 4. Spray air fryer basket with oil spray. Place in air fryer basket in a single layer, cook on 200'C for 8 minutes. Cook in batches, if necessary. Note: Cooking time may vary between air fryer sizes and models.
- 5. Serve with a simple cous cous salad and minted yogurt dipping sauce, if desired

10.05 g

Nutrition

Sugars

Carbohydrates 25.41 g
Energy 270.48 kcal
Fats 6.79 g
Protein 27.89 g

28 Minutes